

Curriculum Vitae

Gholam Reza Raissi MD

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Position: Professor of Physical Medicine and Rehabilitation,
Iran University of medical sciences

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Birth Date: 1971

Marital Status: married, Tannaz Ahadi, Professor of Physical Medicine and rehabilitation

Education:

Medical Doctor: Yazd Medical School, Yazd, Iran 1989-1996

Specialty Boards: Iranian Board of Physical Medicine and Rehabilitation; Shiraz University of Medical Sciences 2000-2003

Rehabilitation medicine observer, Christchurch rehabilitation New Zealand 6 august 2007-2 november

Honors and Awards:

- Model Physician: Iranian Medical Council 2005
- Second rank in the Iranian Board of PM&R 2003

Administrative Responsibilities:

- Chairman, Physical Medicine and Rehabilitation Dpt. Iran University of Medical Sciences 2019-2023
- Residency Program Director, Physical Medicine and Rehabilitation Dpt. Iran University of Medical Sciences 2015-2019
- Head, Clinical Skill Lab, Iran University of Medical Sciences 2010-2011
- Attending physician; Physical Medicine and Rehabilitation, Iran University of Medical Sciences (IUMS), Teheran, Iran 2004- continues
- Iranian Society of PM& Board of Directors 2006-2008
- Iranian board of Physical medicine and rehabilitation 2017-continues

Founder:

- NGO; Stroke rehabilitation charity (with colleagues)
- Neuromusculoskeletal Research Center (with colleagues)

- Physical Medicine and Rehabilitation Department, Iran University of Medical Sciences (with colleagues)

Other academic activities:

Lectures in Iran in Congress and workshops:47 with CME credit

Iranian Physical Medicine and Rehabilitation Congress scientific secretary: 4 times

Editorial board, Journal of Physical Medicine and Rehabilitation and Electrodiagnosis

<https://jpmre.org/index.php/jpmre/about/editorialTeam>

Articles:

1. Khadembashiri MM, Khadembashiri MA, Khonji MS, Ahadi T, Forogh B, Mirdamadi N, et al. The epidemiology of neck and low back pain in Iran: a national and sub-national analysis from 1990 to 2019. *Annals of Medicine and Surgery*. 2024;86(4):1850-60.
2. Zavarei S, Soltani SK, **Raissi G**, Babaei-Ghazani A, Safarnezhad S, Soleymanzadeh H, et al. Efficacy of ultrasonography-guided compared to surface landmark-based corticosteroid injection for people with chronic pes anserine tendinitis or bursitis: a randomised controlled trial. *International Journal of Therapy And Rehabilitation*. 2023;30(4):1-10.
3. **Raissi G**, Arbabi A, Rafiei M, Forogh B, Babaei-Ghazani A, Khalifeh Soltani S, et al. Ultrasound-guided injection of dextrose versus corticosteroid in chronic plantar fasciitis management: a randomized, double-blind clinical trial. *Foot & Ankle Specialist*. 2023;16(1):9-19.
4. Madani SP, Abdolmaleki K, Ahadi T, Mansoori K, **Raissi GR**. Neuropathic pain symptom inventory (NPSI) questionnaire-Persian version can differentiate neuropathic from non-neuropathic pain. *Pain Management Nursing*. 2023;24(1):96-101.
5. Janbazi L, Morovati H, **Raissi GR**, Forogh B, Cham MB. Validity and reliability of the Persian version of self-administered foot evaluation questionnaire (SAFE-Q) in people with foot orthopedic problems. *Journal of Orthopaedic Science*. 2023;28(4):838-42.
6. Boostani R, Olfati N, Shamshiri H, Salimi Z, Fatehi F, Hedjazi SA, et al. Iranian clinical practice guideline for amyotrophic lateral sclerosis. *Frontiers in Neurology*. 2023;14:1154579.
7. Alemrajabi M, **Raissi GR**, Sajadi S, Ahadi T, Madani SP, Mansoori K, et al. Effects of weight loss after bariatric surgery on the median and ulnar nerves conduction studies. *The American Journal of Surgery*. 2023;225(4):753-7.

8. Ahadi T, Cham MB, Mirmoghtadaei M, **Raissi GR**, Janbazi L, Zoghi G. The effect of dextrose prolotherapy versus placebo/other non-surgical treatments on pain in chronic plantar fasciitis: a systematic review and meta-analysis of clinical trials. *Journal of Foot and Ankle Research*. 2023;16(1):5.
9. Vahedifard F, Raissi G, Ahadi T, Forogh AA. Ultrasound-guided intervention for chronic abdominal wall pain; overlooked but curative approach. *J Clin Images Med Case Rep*. 2022;3(5):1836.
10. Shamili A, Mehraban AH, Azad A, **Raissi GR**, Shati M. Effects of meaningful action observation therapy on occupational performance, upper limb function, and corticospinal excitability poststroke: a double-blind randomized control trial. *Neural Plasticity*. 2022;2022.
11. **Raissi GR**, Hamze M, Alemrajabi M, Sajadi S. Median nerve entrapment neuropathy before and early after sleeve gastrectomy in patients with diabetes mellitus: a prospective cross-sectional study. *Obesity Medicine*. 2022;31:100396.
12. Raissi G, Ahadi T, Forogh B, Moradi K, Madani SP, Yousefi N, et al. Corticosteroid Versus Dextrose Ultrasound-Guided Injection in the Treatment of Sacroiliac Joint Dysfunction: A Randomized Double-Blinded Clinical Trial. *Journal of Iranian Medical Council*. 2022.
13. Mansoori K, **Raissi GR**, Madani SP, Ameri M, ZoghAli M, Sajadi S. A Three months Electrodiagnostic Follow-Up of Patients Suspected of having Ulnar Nerve Involvement at Elbow Level with Normal Conventional Electrodiagnostic Study at First Evaluation. *Neurology India*. 2022;70(5):1920-4.
14. Madani S, Janbazi L, Kazemian A, Mansouri K, Yousefi N, **Raissi G**, et al. P. 038 The incidence and characteristics of chronic pain and fatigue after 12 months later admitting with COVID-19; The Post-COVID 19 syndrome. *Canadian Journal of Neurological Sciences*. 2022;49(s1):S18-S.
15. Janbazi L, Kazemian A, Mansouri K, Madani SP, Yousefi N, Vahedifard F, et al. The incidence and characteristics of chronic pain and fatigue after 12 months later admitting with COVID-19; The Post-COVID 19 syndrome. *American journal of physical medicine & rehabilitation*. 2022;10.1097.
16. Ghaffari A, Asadi B, Zareian A, Akbarfahimi M, **Raissi GR**, Lavasani FF. The effects of vestibular rehabilitation on poststroke fatigue: a randomized controlled trial study. *Stroke research and treatment*. 2022;2022.
17. Forogh B, **Raissi GR**, Soleymanzadeh H, Cham MB. Reliability of the Pedar in-shoe system for plantar pressure measurement in diabetic patients with and without neuropathy: a prospective study. *Current Orthopaedic Practice*. 2022;33(1):56-61.
18. Ahadi T, Hosseinverdi S, **Raissi G**, Sajadi S, Forogh B. Comparison of extracorporeal shockwave therapy and blind steroid injection in patients with

coccydynia: a randomized clinical trial. American Journal of Physical Medicine & Rehabilitation. 2022;101(5):417-22.

19. Ahadi T, Forogh B, Madani SP, **Raissi GR**. Comparison of the effect of ultrasound-guided injection of botulinum toxin type A and corticosteroid in the treatment of chronic plantar fasciitis: a randomized controlled trial. American Journal of Physical Medicine & Rehabilitation. 2022;101(8):733-7.
20. Ahadi T, Asilian M, **Raissi GR**, Soltani SK, Soleymanzadeh H, Sajadi S. Ultrasound-Guided vs. Blind Coccygeal Corticosteroid Injections for Chronic Coccydynia: A Randomized, Clinical Trial. Archives of Bone and Joint Surgery. 2022;10(10):877.
21. Sharifnezhad A, **Raissi GR**, Forogh B, Soleymanzadeh H, Mohammadpour S, Daliran M, et al. The validity and reliability of kinovea software in measuring thoracic kyphosis and lumbar lordosis. Iranian Rehabilitation Journal. 2021;19(2):129-36.
22. Shamili A, Mehraban AH, Azad A, **Raissi GR**, Shati M, Farajzadeh A. Effectiveness of Self-Action Observation Therapy as a Novel Method on Paretic Upper Limb and Cortical Excitability Post-Stroke: A Single-Subject Study. Medical Journal of the Islamic Republic of Iran. 2021;35.
23. Ebadi S, Alishahi V, Ahadi T, **Raissi GR**, Khodabandeh M, Haqiqatshenas H, et al. Acupuncture-like versus conventional transcutaneous electrical nerve stimulation in the management of active myofascial trigger points: a randomized controlled trial. Journal of Bodywork and Movement Therapies. 2021;28:483-8.
24. Ahadi T, Motaghi M, Sajadi S, Ebadi S, Taseh A, Soleymanzadeh H, et al. Acupuncture in adjunction to corticosteroid injection in coccydynia treatment: a randomized clinical trial. Journal of Complementary Medicine Research. 2021;11(5):166-.
25. Sajadi S, Karimi M, Forogh B, **Raissi GR**, Zarnegar F, Ahadi T. Randomized clinical trial comparing of transcranial direct current stimulation (tDCS) and transcutaneous electrical nerve stimulation (TENS) in knee osteoarthritis. Neurophysiologie Clinique. 2020;50(5):367-74.
26. Mansoori K, Ahadi T, Aghdas MR, **Raissi GR**. Diagnostic Value of Compound Nerve Action Potential in Ulnar Neuropathy at the Elbow. JPMRE. 2020;2(1):7-11.
27. Babaei-Ghazani A, Forogh B, **Raissi GR**, Ahadi T, Eftekharsadat B, Yousefi N, et al. Ultrasound-Guided corticosteroid injection in carpal tunnel syndrome: comparison between radial and ulnar approaches. Journal of pain research. 2020:1569-78.
28. Ahadi T, **Raissi GR**, Hosseini M, Sajadi S, Ebadi S, Mansoori K. A Randomized Clinical Trial on the Effect of Biofeedback on Pain and Quality of Life of Patients with Chronic Coccydynia. Basic and Clinical Neuroscience.

2020;11(6):753.

29. Mousavi G, Khorasani-Zavareh D, Ardalan A, Khankeh H, Ostadtaghizadeh A, Kamali M, et al. Continuous post-disaster physical rehabilitation: a qualitative study on barriers and opportunities in Iran. *Journal of Injury and Violence Research*. 2019;11(1):35.
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31. Hadianfard M, Rahimi-Jaberi A, Kazemilar S. The Effect of Methylprednisolone Acetate Injection at Cervical Trigger Points in Chronic as well as Drug Resistant Headache. *JPMRE*. 2019;1(2):69-74.
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33. Ahadi T, Esmaili Jamkarani M, **Raissi GR**, Mansoori K, Emami Razavi SZ, Sajadi S. Prolotherapy vs radial extracorporeal shock wave therapy in the short-term treatment of lateral epicondylitis: a randomized clinical trial. *Pain Medicine*. 2019;20(9):1745-9.
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35. **Raissi GR**, Ghazaei F, Forogh B, Madani SP, Daghighzadeh A, Ahadi T. The effectiveness of radial extracorporeal shock waves for treatment of carpal tunnel syndrome: a randomized clinical trial. *Ultrasound in medicine & biology*. 2017;43(2):453-60.
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38. Forogh B, Ahadi T, Nazari M, Sajadi S, Latif LA, Hejazi SMA, et al. The effect of repetitive transcranial magnetic stimulation on postural stability after acute stroke: a clinical trial. *Basic and clinical neuroscience*. 2017;8(5):405.
39. Ahadi T, Taghvadoost N, Aminimoghaddam S, Forogh B, Bazazbehbahani R,

- Raissi GR.** Efficacy of biofeedback on quality of life in stages I and II pelvic organ prolapse: a pilot study. *European Journal of Obstetrics & Gynecology and Reproductive Biology.* 2017;215:241-6.
40. **Raissi GR,** Arbabi A, Forough B, Babaei A, Ahadi T. Correlation between the ultrasonography findings with pain and impaired function in chronic plantar fasciitis. *Feyz Medical Sciences Journal.* 2016;20(3):228-35.
 41. **Raissi G,** Rafiei M, Ahadi T. A New Physical Modality for Renal Stone Management: A Case Report. *Case Reports in Clinical Practice.* 2016;1(3):78-80.
 42. Raissi G, Ahadi T, Hosseini M, Janbazi L. Superficial Peroneal Nerve Injury by Acupuncture. *Case Reports in Clinical Practice.* 2016;1(4):115-7.
 43. Forogh B, Mirshaki Z, **Raissi GR,** Shirazi A, Mansoori K, Ahadi T. Repeated sessions of transcranial direct current stimulation for treatment of chronic subjective tinnitus: a pilot randomized controlled trial. *Neurological Sciences.* 2016;37:253-9.
 44. Forogh B, Mianehsaz E, Shoae S, Ahadi T, **Raissi GR,** Sajadi S. Effect of single injection of platelet-rich plasma in comparison with corticosteroid on knee osteoarthritis: a double-blind randomized clinical trial. *J Sports Med Phys Fitness.* 2016;56(7-8):901-8
 45. Ahadi T, **Raissi GR,** Yavari M, Majidi L. Prevalence of ulnar-to-median nerve motor fiber anastomosis (Riché-Cannieu communicating branch) in hand: An electrophysiological study. *Medical journal of the Islamic Republic of Iran.* 2016;30:324.
 46. Adelmanesh F, Jalali A, Shirvani A, Pakmanesh K, Pourafkari M, **Raissi GR,** et al. The diagnostic accuracy of gluteal trigger points to differentiate radicular from nonradicular low back pain. *The clinical journal of pain.* 2016;32(8):666-72.
 47. Ahadi T, Mianehsaz E, **Raissi G,** Moraveji SA, Sharifi V. Professionalism in residents of physical medicine and rehabilitation in Iran. *Journal of medical ethics and history of medicine.* 2015;8.
 48. Adelmanesh F, Jalali A, Shooshtari SMJ, **Raissi GR,** Ketabchi SM, Shir Y. Is there an association between lumbosacral radiculopathy and painful gluteal trigger points?: a cross-sectional study. *American journal of physical medicine & rehabilitation.* 2015;94(10):784-91.
 49. Sajadi S, Mansoori K, **Raissi GR,** Razavi SZE, Ghajarzadeh M. Normal values of posterior antebrachial cutaneous nerve conduction study related to age, gender, height, and body mass index. *Journal of Clinical Neurophysiology.* 2014;31(6):523-8.
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51. Forogh B, Yazdi-Bahri S-M, Ahadi T, Fereshtehnejad S-M, **Raissi GR**. Comparison of two protocols of transcranial magnetic stimulation for treatment of chronic tinnitus: a randomized controlled clinical trial of burst repetitive versus high-frequency repetitive transcranial magnetic stimulation. *Neurological Sciences*. 2014;35:227-32.
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54. Ahadi T, Madjlesi F, Mahjoubi B, Mirzaei R, Forogh B, Daliri SS, et al. The effect of biofeedback therapy on dyssynergic constipation in patients with or without irritable bowel syndrome. *Journal of research in medical sciences: the official journal of Isfahan University of Medical Sciences*. 2014;19(10):950.
55. Saleki M, Ahadi T, Razi M, **Raissi GR**, Forough B, Ali MK. Comparison of the effects of acupuncture and isometric exercises on symptom of knee osteoarthritis. *International journal of preventive medicine*. 2013;4(Suppl 1):S73.
56. Rathore FA, Gosney JE, **Raissi GR**, Li J. Experience and preparedness of major incidents in developing countries. *Disaster medicine and public health preparedness*. 2013;7(2):127-8.
57. Physical medicine and rehabilitation in Iranian health system journal of Iranian medical council.
58. Forogh B, Khalighi M, Javanshir MA, Ghoseiri K, Kamali M, **Raissi G**. The effects of a new designed forearm orthosis in treatment of lateral epicondylitis. *Disability and Rehabilitation: Assistive Technology*. 2012;7(4):336-9.
59. Arabkheradmand J, **Raissi GR**, Ahadi T, Rashki H. High thoracic schwannoma presenting as chest pain: a case report. *Journal of Musculoskeletal Pain*. 2012;20(2):134-6.
60. Adelmanesh F, Jalali A, Attarian H, Farahani B, Ketabchi SM, Arvantaj A, et al. Reliability, validity, and sensitivity measures of expanded and revised version of the short-form McGill Pain Questionnaire (SF-MPQ-2) in Iranian patients with neuropathic and non-neuropathic pain. *Pain Medicine*. 2012;13(12):1631-8.
61. **Raissi GR**, Ahadi T, Forogh B, Adelmanesh F. Forty years history of physical medicine and rehabilitation in Iran. *Journal of rehabilitation medicine*. 2011;43(4):369-.
62. Ahadi T, Reza **Raissi G**, Forogh B. P21. 8 Proximal brachial plexus latency difference by magnetic stimulation, a preliminary study. *Clinical*

Neurophysiology. 2011;122:S153-S.

63. Adelmanesh F, Arvantaj A, Rashki H, Ketabchi S, Montazeri A, **Raissi G**. Results from the translation and adaptation of the Iranian Short-Form McGill Pain Questionnaire (I-SF-MPQ): preliminary evidence of its reliability, construct validity and sensitivity in an Iranian pain population. *Sports Medicine, Arthroscopy, Rehabilitation, Therapy & Technology*. 2011;3:1-7.
64. Ahadi T, **Raissi GR**, Togha M, Nejati P. Saphenous neuropathy in a patient with low back pain. *Journal of brachial plexus and peripheral nerve injury*. 2010;5:1-2.
65. **Raissi GR**, Cherati ADS, Mansoori KD, Razi MD. The relationship between lower extremity alignment and Medial Tibial Stress Syndrome among non-professional athletes. *BMC Sports Science, Medicine and Rehabilitation*. 2009;1:1-8.
66. **Raissi GR**, Mokhtari A, Mansouri K. Reports from spinal cord injury patients: eight months after the 2003 earthquake in Bam, Iran. *American Journal of Physical Medicine & Rehabilitation*. 2007;86(11):912-7.
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70. Kazemi B, Jazayeri Shooshtari S, **Raissi G**. Comparison of lower extremity rotational profile in school aged runners with normal values. *JQUMS*. 2004;8(2):45-8.
71. Jazayeri M, Ghavanini M, Rahimi H, **Raissi G**. A study of the sympathetic skin response and sensory nerve action potential after median and ulnar nerve repair. *Electromyography and clinical neurophysiology*. 2003;43(5):277-9.
72. Emad M, **Raissi G**. Congenital insensitivity to pain with anhidrosis: a case report. *Electromyography and clinical neurophysiology*. 2003;43(7):409-11.
73. Ahadi T, Noori I, Khalifeh Soltani S, Ghaboosi P, **Raissi GR**. Efficacy of Percutaneous vs Transcutaneous Posterior Tibial Nerve Stimulation in Overactive Bladder Syndrome, a Randomized Clinical Trial. *Basic and Clinical Neuroscience*.0-. Accepted